

Name	Surname	Team	Category	Racenumber	Finish	Placing	Cat Pos
Tony	TonyDunn	C A C	MVet 40	184	0:36:34	1	1
Rob	Burnham	Newquay Road Runners	MSen	22	0:37:19	2	1
James	Waldie	Cornwall AC	MSen	160	0:37:22	3	2
Jolly	Nathan	C A C	MSen	188	0:38:14	4	3
Justin	Day	Tri-Logic	MSen	41	0:40:02	5	4
Nick	Chislett	Plymouth Tri	MSen	201	0:40:17	6	5
Toby	Ryan	Oxford Tri	MSen	215	0:40:53	7	6
Andy	Trudgian	St Austell	MSen	195	0:41:18	8	7
Tom	Rawet	Cornwall AC	MSen	126	0:41:29	9	8
Ben	Hieber	Newquay Road Runners	MVet 40	196	0:41:49	10	2
Nigel	Ward	Tavistock AC	MVet 40	163	0:41:50	11	3
Alex	Daniels		MSen	181	0:42:14	12	9
Nick	Chapman	Falmouth Road Runners	MVet 40	26	0:42:23	13	4
Sharon	Daw	East Cornwall Harriers	FV35	40	0:42:26	14	1
Kensa	Rescorla	Carn Runners	FV35	129	0:42:35	15	2
John	Waldie	Cornwall AC	MVet 40	161	0:42:43	16	5
Suzy	Bosustow	Cornwall AC	FV35	11	0:43:03	17	3
Benjamin	Crowle		MSen	222	0:43:06	18	10
Bethany	Alston	Cornwall AC	FSen	5	0:43:11	19	1
Donald	Maclaren	St Austell	MVet 50	100	0:43:22	20	1
Joseph	Blackman		MSen	209	0:43:36	21	11
Mark	Crowle	St Austell	MSen	194	0:43:45	22	12
Rob	Wallbank	St Austell	MSen	162	0:44:03	23	13
Harry	Allen	Cornwall AC	MSen	4	0:44:12	24	14
Adam	Bunclark		MSen	18	0:44:26	25	15
Jonathan	Katz		MVet 40	233	0:44:26	26	6
John	Calcraft		MSen	200	0:44:46	27	16
Craig	Webster	Newquay Road Runners	MSen	164	0:44:51	28	17
Mike	Reeves	Truro Running Club	MVet 40	225	0:45:09	29	7
Peter	Sowerby		MVet 40	190	0:45:13	30	8
Charles	Macrae		MVet 40	101	0:45:22	31	9
Fleyr	Ross-Harris	East Cornwall Harriers	FSen	133	0:45:24	32	2
Andrew	Caff		MSen	205	0:45:48	33	18
Tom	Sutton		MSen	150	0:46:11	34	19
Andrew	Goundry		MVet 40	69	0:46:16	35	10
Tom	Rees	Carn Runners	MSen	128	0:46:54	36	20
John	Edwards	Hayle Runners	MVet 50	192	0:46:55	37	2
Stuart	Squire		MSen	187	0:47:02	38	21
Jeremy	Sharp	Truro Running Club	MVet 50	139	0:47:05	39	3
Mark	Smith		MSen	145	0:47:16	40	22
Dan	Worth		MSen	173	0:47:18	41	23
Tim	Rowe		MSen	235	0:47:20	42	24
Barry	Frost	Cornwall AC	MVet 50	60	0:47:31	43	4
Jonny	Hewett	Team SPI	MSen	231	0:47:37	44	25
Jon	Harris	East Cornwall Harriers	MVet 50	74	0:47:38	45	5
Colin	George		MVet 40	193	0:47:42	46	11
William	Jewell	Truro Running Club	MVet 40	218	0:47:44	47	12
Keith	Warbis		MSen	178	0:47:45	48	26
Ken	Brown	St Austell	MVet 40	16	0:47:56	49	13
William	Allen	Truro	MVet 40	3	0:48:18	50	14
Jeff	Cushing	St Austell	MV60	39	0:48:20	51	1
James	Parker		MVet 50	217	0:48:29	52	6
Simon	Bowden		MVet 40	12	0:48:38	53	15
Alex	Burns	Team SPI	MSen	229	0:48:58	54	27

Graham	Piercy		MVet 40	118	0:48:59	55	16
Simon	Johns		MSen	207	0:49:06	56	28
Andrew	Ferguson	Truro Running Club	MVet 40	212	0:49:12	57	17
Claire	Smith	Swindon Striders	FV35	144	0:49:16	58	4
Craig	Mouatt		MSen	107	0:49:19	59	29
Nathan	Capone		MSen	24	0:49:29	60	30
Mike	Clancy	Must Tri-Harder	MSen	29	0:49:33	61	31
Darren	Draper		MSen	213	0:49:36	62	32
Nancy	Sheppard		FV35	140	0:49:39	63	5
Colin	Hoult	St Austell	MVet 50	84	0:49:40	64	7
David	Austin		MV60	7	0:49:45	65	2
Sarah	Myford		FV35	108	0:49:56	66	6
Nicholas	Whittaker		MVet 40	167	0:49:56	67	18
Phil	Knuckey		MVet 40	97	0:50:01	68	19
Justin	Stringer	Truro Running Club	MSen	148	0:50:08	69	33
Margaret	Knight	Falmouth Road Runners	FV35	94	0:50:11	70	7
Frank	Burnell	Hayle Runners	MVet 50	21	0:50:13	71	8
Jonathan	Nightingale		MVet 40	191	0:50:27	72	20
Damian	Hall		MVet 50	70	0:50:38	73	9
Ceri	Harvey	Carn Runners	FSen	75	0:50:44	74	3
David	Edlin	Newquay Road Runners	MSen	52	0:50:50	75	34
Caroline	Hemsworth	Falmouth Road Runners	FV55	79	0:50:51	76	1
Kate	Hoffen	Tamar Trotters	FV35	82	0:50:57	77	8
Richard	Holbrook		MVet 40	221	0:51:00	78	21
Lindsay	Gannon	Alton runners	FV35	62	0:51:24	79	9
Philip	Spargo	Truro Running Club	MVet 50	186	0:51:26	80	10
Richard	Lynall		MSen	99	0:51:30	81	35
Geoffrey	Harris	Newquay Road Runners	MVet 40	189	0:51:37	82	22
Rachael	Tyers	Truro Running Club	FV35	227	0:51:42	83	10
Fiona	Henderson		FSen	81	0:51:46	84	4
Vicki	Strugnell		FSen	149	0:51:48	85	5
Andrew	Sims	East Cornwall Harriers	MVet 40	141	0:52:03	86	23
Katy	Oliver		FSen	237	0:52:11	87	6
Michael	Palmer	East Cornwall Harriers	MV60	112	0:52:24	88	3
Gordon	Adie	Truro Running Club	MVet 40	1	0:52:33	89	24
Holly	Fenn	St Austell	FSen	56	0:52:40	90	7
Peter	Allen		MVet 50	182	0:52:57	91	11
Paul	Wright		MSen	174	0:52:58	92	36
Michael	Hemsworth	Falmouth Road Runners	MVet 50	80	0:53:00	93	12
Paul	Hooper	Mounts Bay Harriers	MVet 40	83	0:53:04	94	25
David	Hutchinson		MVet 40	85	0:53:07	95	26
Alison	Ross	East Cornwall Harriers	FV45	132	0:53:15	96	1
Andrew	Rabett		MSen	125	0:53:22	97	37
Phil	Ashman		MVet 40	224	0:53:25	98	27
Mark	Potter		MSen	121	0:53:28	99	38
Briony	Martin		FSen	102	0:53:29	100	8
Catherine	Martin		FSen	103	0:53:30	101	9
Tony	Rowell	Tri Logic	MVet 40	223	0:53:36	102	28
Shirley	Cairney	St Austell	FV35	23	0:53:43	103	11
Kate	Fitzmaurice	Hayle Runners	FSen	57	0:53:45	104	10
Eileen	Hawken		FV35	77	0:53:46	105	12
Sue	Taylor	Mounts Bay Harriers	FV55	152	0:53:51	106	2
Steve	Jefferies		MVet 50	90	0:53:54	107	13
Jessica	Hall		FSen	236	0:53:58	109	11
Rachel	Builder	St Austell	FV35	17	0:53:58	108	13

Sarah	Duffy		FV45	48	0:54:06	110	2
Andrew	Evans		MVet 40	53	0:54:11	111	29
Andrew	Pye		MSen	123	0:54:13	112	39
Tash	Sauven		FSen	230	0:54:15	113	12
Juliet	Knowles	Cornwall AC	FV35	95	0:54:20	114	14
Michael	Knowles	Carn Runners	MVet 40	96	0:54:20	115	30
Alan	Wherry		MVet 40	220	0:54:21	116	31
David	Scott	Hayle Runners	MVet 40	137	0:54:40	117	32
Nigel	Warbis		MVet 50	176	0:55:09	118	14
Paul	Warbis		MSen	177	0:55:10	119	40
Robert	Martin	St Austell Running Club	MSen	210	0:55:14	120	41
Rachael	Thomas	Truro Running Club	FV35	153	0:55:18	121	15
Neal	Williams		MSen	168	0:55:21	122	42
Andrew	Farmer		MSen	55	0:55:30	123	43
Jo	Staves	Truro Running Club	FSen	147	0:55:31	124	13
Simon	Gough		MSen	67	0:55:43	125	44
Oliver	Wyatt		MSen	175	0:55:50	126	45
Nicola	Dyer		FV45	51	0:55:51	127	3
Julia	Burton	Newquay Road Runners	FV35	216	0:56:07	128	16
Barry	Drew	Carn Runners	MV60	47	0:56:31	129	4
Nicola	Garge		FSen	63	0:56:32	130	14
Susan	Mellis	St Austell	FV55	105	0:56:41	131	3
Steff	Friday	Falmouth Road Runners	FV35	59	0:57:07	132	17
Tony	Friday	Falmouth Road Runners	MVet 40	58	0:57:08	133	33
David	Lidbetter		MVet 40	185	0:57:11	134	34
Jackie	George	Falmouth Road Runners	FSen	65	0:57:29	135	15
Patricia	Rogers	Truro Running Club	FV45	131	0:57:36	136	4
John	Beckly		MSen	180	0:58:03	137	46
Debbie	Jones		FV35	92	0:58:04	138	18
Nick	Jeans	Truro Running Club	MV60	89	0:58:06	139	5
Karen	Sims	East Cornwall Harriers	FV35	143	0:58:08	140	19
Jane	Andrews	Falmouth Road Runners	FV35	6	0:58:15	141	20
Howard	Haynes	Hayle Runners	MV60	78	0:58:16	142	6
Chis	Chislett	Carn Runners	MSen	27	0:58:33	143	47
Steve	Taylor	Tri-Logic	MVet 40	202	0:58:53	144	35
Georgia	Witchell	Truro	FV35	170	0:58:55	145	21
Sarah	Cave	Falmouth Road Runners	FSen	25	0:58:57	146	16
Jane	Duffy		FV45	49	0:58:59	147	5
Jill	Curtis	C A C	FV45	203	0:59:05	148	6
Sue	Graham	Tavistock AC	FV35	219	0:59:31	149	22
Matthew	Cox		MSen	36	0:59:38	150	48
Cath	McGuinness		FV35	104	0:59:42	151	23
Juliet	Gould		FV45	68	0:59:43	152	7
Anji	Jonas		FSen	91	0:59:53	153	17
Chirs	Blewett		MSen	10	0:59:54	154	49
Charlie	Hoskin		FSen	208	0:59:58	155	18
Johny	Alston	C A C	MVet 50	232	1:00:14	156	15
Karen	Hutchinson		FV35	86	1:00:23	157	24
Lynn	Pacoe		FV45	111	1:00:27	158	8
Jacqueline	Piper	Truro Running Club	FV35	119	1:00:46	159	25
Alex	Dindlay	Tri-Logic	MVet 50	42	1:01:01	160	16
Marilyn	Mitchell	St Austell	FV55	106	1:01:03	161	4
Hannah	Tunstall-Behrens		FV35	158	1:01:10	162	26
Fay	Freeman		FV35	204	1:01:11	163	27
Hilary	Tumilty		FV45	157	1:01:19	164	9

Julie	Johns	Truro Running Club	FV45	206	1:01:21	165	10
Brendan	Duriez	Falmouth Road Runners	MSen	50	1:02:14	166	50
David	Sobey	Hayle Runners	MVet 40	146	1:02:21	167	36
Alison	Galloway	Carn Runners	FV45	61	1:02:26	168	11
Nicholas	Dodds		MSen	44	1:02:58	169	51
Sally	Lobb		FV45	98	1:03:24	170	12
Angie	Tiller	Falmouth Road Runners	FV35	179	1:03:30	171	28
Lizzie	Search	BBC Running Club	FSen	138	1:04:07	172	19
Simon	Barr		MVet 40	8	1:04:19	173	37
Cassie	Dormer		FSen	45	1:04:48	174	20
Tessa	Rabett		MVet 50	124	1:04:52	175	17
Michelle	Williams	Falmouth Road Runners	FV35	169	1:04:57	176	29
Lizzie	Culley	Carn Runners	FSen	37	1:05:02	177	21
Carol	Culley	Carn Runners	FV45	38	1:05:03	178	13
Nicola	Protasiuk		FV35	122	1:05:06	179	30
Glenys	Bennett		FV45	9	1:05:07	180	14
Thomas	Brennan	Hayle Runners	MV60	14	1:05:09	181	7
Nikki	Coleman	C A C	FV35	226	1:05:12	182	31
Samantha	Alexander	Cornwall AC	FV35	2	1:05:13	183	32
Anne Marie	Jackson	Serpentine	FV35	87	1:05:15	184	33
Carol	Garrett	Carn Runners	FV35	64	1:05:21	185	34
Chris	Harper	Carn Runners	MVet 40	73	1:05:23	186	38
Liz	Hammick	Falmouth Road Runners	FV55	71	1:05:30	187	5
Kate	Ruhrmund	Mounts Bay Harriers	FSen	136	1:05:37	189	22
Diane	Phillips	Tri-Logic	FV35	116	1:05:37	188	35
Jane	Reynolds		FSen	130	1:05:57	190	23
Jo	Sheppard		FV35	183	1:06:13	191	36
Ali	Rowe		FV45	134	1:07:09	192	15
Maxine	Whitbread-Abrutat		FV35	165	1:07:11	193	37
Amanda	Owen		FV35	110	1:07:12	194	38
Rachael	Church		FV35	28	1:07:13	195	39
Terry	Cairney	St Austell Running Club	MVet 40	211	1:08:33	196	39
Nicky	Muller		FSen	214	1:09:03	197	24
Rebecca	Reed		FSen	127	1:09:04	198	25
Alastair	Knight		MVet 40	93	1:09:26	199	40
Ian	Bowden	Hayle Runners	FV35	13	1:09:36	200	40
Julia	Cox		FSen	35	1:09:45	201	26
Wendy	Pascoe	Hayle Runners	FV45	113	1:10:28	202	16
Theresa	Cook		FV35	32	1:10:46	203	41
Jo	Jayes	Carn Runners	FV45	88	1:11:41	204	17
Carole	Drew	Carn Runners	FV55	46	1:11:42	205	6
Rowena	Beckly		FV35	228	1:14:32	206	42
Rebecca	Dodds		FSen	43	1:14:33	207	27
Lesley	Maclaren	St Austell	FSen	197	1:14:52	208	28
Katie	Bullock	St Austell	FSen	198	1:14:52	209	29
Andrew	Trebilcock		MVet 40	155	1:16:06	210	41
Lorna	Wood	Falmouth Road Runners	FV55	172	1:16:25	211	7
Washington	Gombarago		MSen	234	1:20:02	212	52
Terry	Wyatt	St Austell	MVet 40	199	1:20:38	213	42
Marisa	Falcione	Falmouth Road Runners	FV35	54	1:20:40	214	43
Christine	White	Falmouth Road Runners	FV55	166	1:29:38	215	8
Valerie	Brennan	Hayle Runners	FV55	15	11:39:20	216	9