



South West Endurance Network Coach Development Conference

“Talent rich and Time poor”

- Managing performance athletes in a local environment:
- An exciting series of innovative discussions with key note speakers.
- Linked input from a panel of experts in physiotherapy, nutrition, sports psychology, and physical preparation.
- Learn to effectively guide, influence, and plan to optimise performance outcomes for your most talented athletes, no matter their age, on limited training time
- Exceptional networking opportunities.

29th and 30th October 2016
Devon Hotel, Exeter
www.devonhotel.co.uk

The conference will run 0930 - 1730 on Saturday at the Devon Hotel, and 1030 – 1230 on Sunday at Exeter Arena.

Delegate Packages:

- 1) **Early Arrival Package:** Friday 28th October
£45 B&B (£15 single room supplement)
- 2) **Weekend Conference Rate:**
includes conference; lunch and dinner on Saturday;
Sunday breakfast; Twin Room accommodation:
£75 (£15 single room supplement)
- 3) **Day Rate:**
includes lunch and refreshments plus entry to practical Sunday.
£30 per person.

To book and pay please go to the uCoach / uLearn link below:
www.ulearnathletics.com/cpdEvent/83594

For further details contact: mbrace@englandathletics.org 07540 703511

